

Public Health Ophthalmology

จักษุสาธารณสุข

2023

ศาสตราจารย์เกียรติคุณ พญ. สมสงวน อัษญคุณ
ภาควิชาจักษุวิทยา
ศูนย์เลสิค ศูนย์ความเป็นเลิศทางการแพทย์
คณะแพทยศาสตร์ มหาวิทยาลัยเชียงใหม่







เกณฑ์มาตรฐานผู้ประกอบวิชาชีพเวชกรรม 2555

ส่วนที่ 3 ค. หมวดสุขภาพและการสร้างเสริมสุขภาพ

• ผู้ประกอบวิชาชีพเวชกรรมพึงต้องมีความรู้ความเข้าใจเกี่ยวกับการสร้างเสริมสุขภาพ และระบบ บริการสุขภาพทั้งระดับบุคคล ชุมชน และประชาชน รวมทั้งกฎหมายและข้อบังคับที่เกี่ยวข้องกับ การสร้างเสริมสุขภาพ มีทักษะในการสื่อสารระหว่างกลุ่มต่างๆเรื่องสุขภาพและบูรณาการ ความรู้ด้านสร้างเสริมสุขภาพ โดยคำนึงสภาพแวดล้อมและบริบทแวดล้อม เกิดความตระหนักรู้ และมีจิตสำนึกเรื่องสุขภาพ และการเพิ่มศักยภาพในการดูแลตนเองของประชาชน ให้มีคุณภาพ ชีวิตที่ดี สามารถเป็นต้นแบบในเรื่องสร้างเสริมสุขภาพ







Objectives

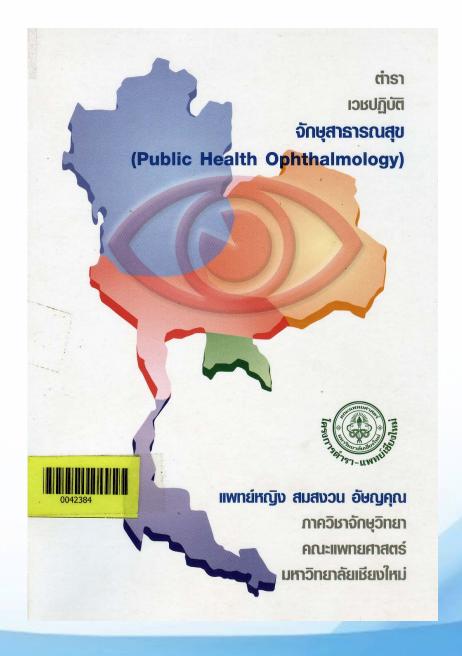
After completing this topic, students are able to:

- 1. Explain the public health ophthalmology concept
- 2. Describe the definition of blindness and low vision
- 3. Explain the public health ophthalmology in Thailand, and eye health service plan
- 4. Describe the strategies for prevention of blindness in vision 2020: The right to sight, then Global health in Eye Care: Vision beyond 2021
- 5. Discuss about the AIDS/HIV positive patients and Eye Care















Public Health Ophthalmology Concept

แพทย์หญิง สมสงวน อัษญูคูณ คำแหน่งทางวิชาการในปัจจุบัน รองศาสคราจารย์ ระดับ 9 ภาควิชาจักษุวิทยา คณะแพทยศาสตร์ มหาวิทยาลัยเชียงใหม่



การศึกษาและคุณวุฒิ

พ.ศ.2520 – แพทยศาสตร์บัณฑิต มหาวิทยาลัยเชียงใหม่

พ.ศ.2622 – ประกาศนียบัครวิชาชีพชั้นสูงทางวิทยาศาสตร์การแพทย์กลินิก สาขาจักมุวิทยา มหาวิทยาลัยมหิดล

พ.ศ.2524 – วุฒิบัตร แสดงความรู้ความชำนาญในการประกอบวิชาชีพเวชกรรม

ກราเวชปฏิบัติจักษุสาธารณสุข (Public Healtl



พ.ศ.2526 - ได้รับทุน Research to Prevent Blindness, Inc., New York, U.S.A.
ศึกษาจนใด้รบScholar in Public Health Ophthalmology จาก

Wilmer Eye Institute, School of Medicine, Johns Hopkins

University, U.S.A.

Willier Eye Institute, School of Medicine, Johns Fiopkins University, U.S.A.

พ.ศ.2631 - ได้รับทุน Takeda Science Foundation จากแพทยสมาคมแห่งประเทศไทยฯ ฝึกอบรมและอุงาน ด้านกระจกตา และโรกภูมิแพ้ของตา (cornea and ocular allergy) ที่ Nippon Medical School, Tokyo, Japan

พ.ศ.2646 – อนุมัติบัตร แสดงความรู้ความชำนาญในการประกอบวิชาชีพเวชกรรม สาขาเวชศาสตร์ครอบครัว แพทยสภา

พ.ศ.2547 - ได้รับทุน The Netherlands Organization of Scientific Research,
The Netherlands ดูงานด้าน กระจกตา และการทำดัดแก้ในสายตาหิดปกติ
(cornea and refractive surgery) ที่ University Medical
Center of Utretch The Nertherlands.





สนับสนุนโดยโครงการตำราคณะแพทยศาสตร์ มหาวิทยาลัยเชียงใหม่







What does Public Health Ophthalmology mean?

- Public Health Ophthalmology is a discipline that encompass the comprehensive community approach to promotion of the eye care, and particularly to prevention of disability due to visual impairment and blindness. (Dr. B. Nizetic (1973) WHO Regional Office for Europe)
- จักษุสาธารณสุข เป็น ยุทธศาสตร์ หรือวิชาการที่ประกอบไปด้วย การดูแลชุมชนแบบเบ็ดเสร็จ เพื่อการ ส่งเสริมสุขภาพของดวงตา โดยเฉพาะอย่างยิ่ง เพื่อป้องกันการไร้สมรรถภาพ อันเนื่องมาจาก สายตา พิการและตาบอด







History of Public Health **Ophthalmology**

- 1950 The 3rd World Health Assembly: eradication of trachoma*
- 1960 WHO, the national trachoma campaigns in endemic countries
- 1969 The WHO Eastern Mediterranean Region : other causes of blindness (The 22nd World Health Assembly)







History of Public Health Ophthalmology

- 1972 The 25th World Health Assembly: the specific study group on the prevention of blindness*:
- definitions of low vision and blindness
- available data on blindness







History of Public Health Ophthalmology

1973 "Public Health Ophthalmology" definition by Dr. Nizetic

1976 World Health Day 's theme

"ป้องกันล่วงหน้า ตาไม่บอด"

"Foresight prevent blindness"

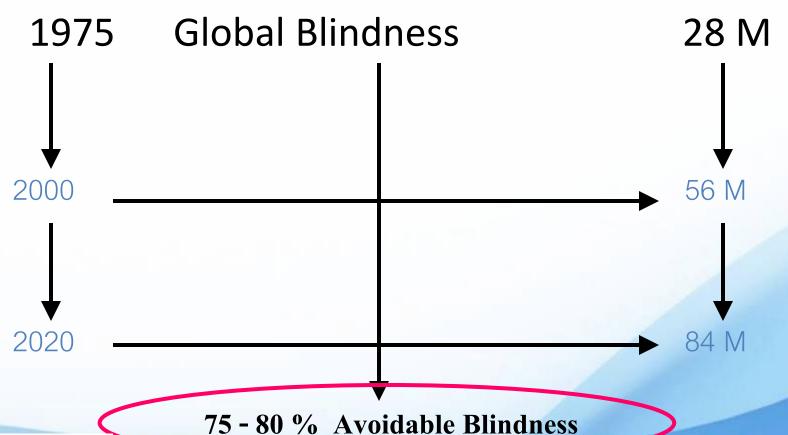
1978 The WHO Programmed for the Prevention of Blindness (PBL)







Data of Blindness









Cause of blindness in 1975

 Cataract 	15 M
• Trachoma	6 M
• Glaucoma	3 M
 Onchocerciasis 	1 M
 Leprosy 	1 M
• Xerophthalmia	0.5 M
• Trauma	0.5 M
 Age-related macular degeneration 	0.5 M
 Diabetic retinopathy 	0.5 M





Pop <mark>ulatio</mark> n	Total estimated	Estimated Blindness	
DEPARTMENT OF OPHTHAL MOLOGY CHANG MAI UNIVERSITY	population	(< 3/60)	
each group	in millions		
(%)			
(in millions)		Prevalence rate	No. of Blind
Α	2,100	1.0	21.0
В	1,100	0.5	5.5
С	800	0.2	1.6
Global Total	4,000	-	28.1







Cause of blindness in 1975

A. Underdeveloped Countries (prevalence rate = 1.0%)*:

- Trachoma
- Onchocerciasis
- Xerophthalmia
- Cataract

B. Developing (Inter-rim) Countries (prevalence rate = 0.5%):

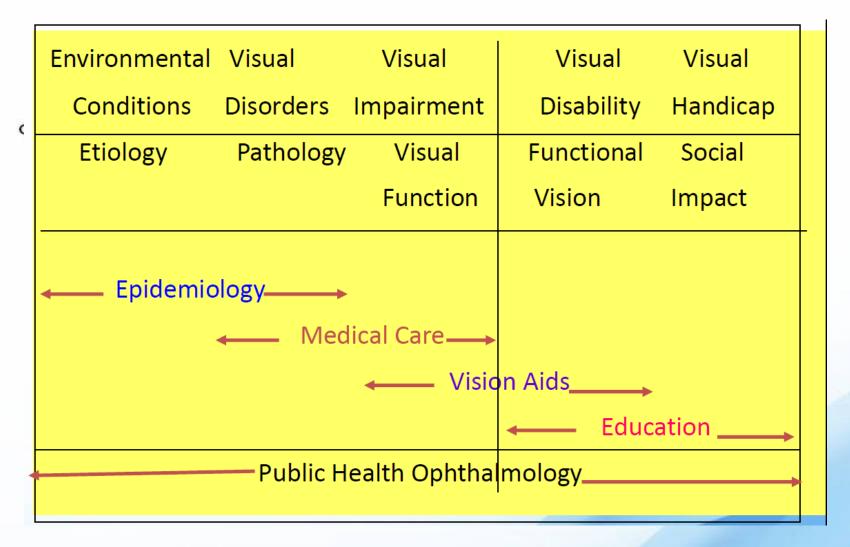
- Cataract
- Glaucoma

C. Developed Countries (prevalence rate = 0.2%):

- Age related macular degeneration
- Diabetic retinopathy
- Hypertensive retinopathy







Concept of Public Health Ophthalmology by Dr. August Colenbrander, 1978 Working Paper for Asilomar Conference, WHO







Objectives

After completing this topic, students are able to:

2. Describe the definition of blindness and low vision

de the White Land State Eyeld prevent blindness









Categories of Visual Impairment (ICD, WHO)

Catego	ry	V.A. with best correction	V.F.
Low	1	< 6/18 to 6/60	< 30° to 20°
Vision	2	< 6/60 to 3/60	< 20° to 10°
	3*	< 3/60 to 1/60	< 10° to 5°
Blind	4	< 1/60 to PL	< 5° to 0°
LASIK	ty of Medic	cine, Chiang Mai University, Chiang Mai, THAILANE S. Ausayakhun, MD, MHSc.	D. (SA)



Classification of severity of vision impairment based on visual acuity in the better eye

Category	Visual acuity in th	ne better eye
	Worse than:	Equal to or better than:
Mild vision impairment	6/12	6/18
Moderate vision impairment	6/18	6/60
Severe vision impairment	6/60	3/60
Blindness	3/60	
Near vision impairment	N6 or M 0.8 at 40cm	

Typically, epidemiological surveys measure the degree of visual impairment and blindness according to the above classification table using visual acuity (61). Severe visual impairment and blindness are also categorized according to the degree of constriction of the central visual field in the better eye to less than 20 degrees or 10 degrees, respectively (62, 63).

World Report on Vision: Executive Summary: World Health Organization. www.who.int/publications:detail/world-report-on-vision. WHO/NMH/NVI/19.12.2019.)







Objectives

After completing this topic, students are able to:

3. Explain the public health ophthalmology in Thailand, and eye health service plan

ID-19 and Eye Care



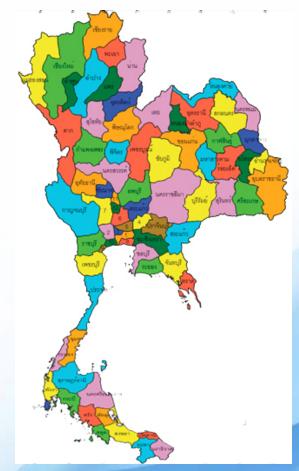




Thailand

พ.ศ.2521 มี 71 จังหวัด (ประชากร 45 ล้าน)

- 70 Total ophthalmologists
- 20 in rural hospitals

















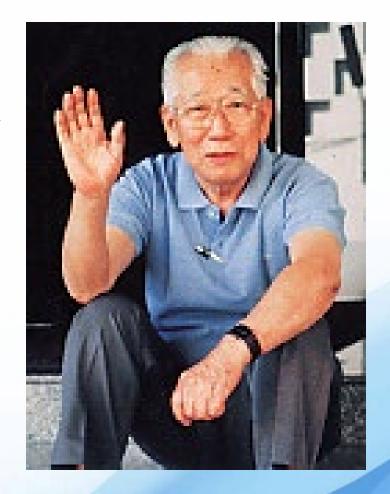
Prof. K. Konyama, M.D., Ph.D., M.P.H.

Department of Ophthalmology

Jutendo University School of Medicine

WHO Collaborating Centre for PBL

Tokyo, Japan









What is the strategy of PHO in Thailand? by K. Konyama for PHO 1983 @ JHU

Action Plan:

- 1. Immediate action
- 2. Short term action
- 3. Intermediate term action
- 4. Long term action







Immediate action

- Establishment of the Ophthalmic Cell in the Ministry of Public Health (MPH)
- Enforcement of the rural eye clinics
- Study of existing ocular problems



นายแพทย์วิชาญ ศรีสุพรรณ

The Ophthalmic Cell : ผู้บุกเบิกงานจักษุสาธารณสุข







Thailand National Eye Survey

Year of survey	Blindness prevalence	Cataract	Surgical backlog
1983 (2526)	1.14%	47.3%	270,000

Jenchitr W et al 2007 Thai Journal of Public Health Ophthalmology





Pop <mark>ulatio</mark> n	Total estimated	Estimated Blindness	
DEPARTMENT OF OPHTHAL MOLOGY CHANG MAI UNIVERSITY	population	(< 3/60)	
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Α	2,100	1.0	21.0
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Global Total	4,000	-	28.1







Short term action

- Manpower development
- Vertical approach to some curable blinding diseases (cataract)
- Upgrading the rural eye clinics

Ophthalmologist:

- 3 years training
- 6 months training (Ophthalmic surgeon)







Intermediate term action

- Policy formulation and programming
- Manpower development
- Horizontal and vertical approaches

Ophthalmic nurses

(พยาบาลเวชปฏิบัติทางตา)

- (6 months training)
- 4 months training







Institute of Public Health Ophthalmology

ศูนย์จักษุสาธารณสุข มหาราชนครราชสีมา

- Institute of Public Health Ophthalmology
- Maharaj Nakorn Ratchasema Regional Hospital
- Thailand









International Public Health Ophthalmology Course (Korat Course)









Long term action

- Policy making and programming
- Re-enforcement of referral system
- Integrate whole up project into the national health care system







Thailand National Eye Survey

Year of survey	Blindness prevalence	Cataract	Surgical backlog
1983 (2526)	1.14%	47.3%	270,000
1987 (2530)	0.58%	71.3%	220,000
1994 (2537)	0.31%	74.7%	134,000
2006 (2549)	0.59%	51.6%	98,336

ที่มา: วัฒนีย์ เย็นจิตร วารสารจักษุสาธารณสุข 2550







2006 Thailand National Eye Survey

Causes of blindness *	%
Cataract	50
Glaucoma	10
Age-related macular degeneration	7
Corneal opacity	5
Refractive error	4

Jenchitr W et al 2007 Thai Journal of Public Health Ophthalmology







Thai National survey of blindness

Year	Prevalence rate %	Cataract %	Cataract backlog
1983	1.14	47.3	270,000
1987	0.58	71.3	220,000
1994	0.31	74.7	134,000
2006	0.59	51.6	98,336
2013	0.60	69.7	70,071



2013 สำรวจโดย โรงพยาบาลเมตตาประชารักษ์ (วัดไร่ขิง) RAAB Survey

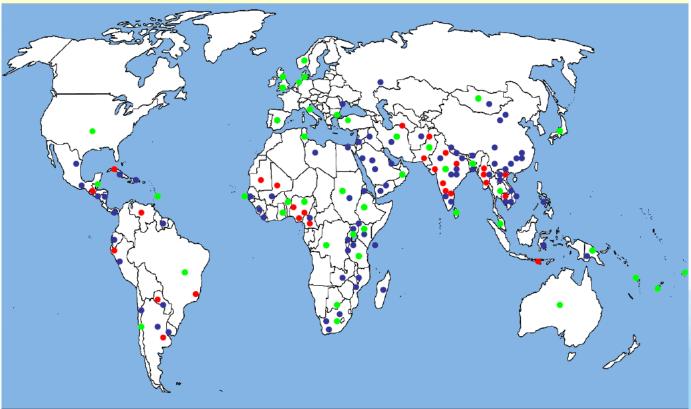


Where surveys were done

RACSS

RAAB

Custom survey



RACSS = Rapid Assessment of Cataract Surgical Service



RAAB = Rapid Assessment of Avoidable Blindness







RESEARCH ARTICLE

The First Rapid Assessment of Avoidable Blindness (RAAB) in Thailand

Table 5. Proportion of Blindness, SVI, and MVI in examined persons due to specific causes in Thailand.

Causes	Blindness (n=99)	SVI (n=236)	MVI (n=2,431)
	%	%	%
Cataract untreated	69.7	77.1	60.0
Refractive error	4.0	10.2	26.7
Aphakia uncorrected	2.0	0.0	0.1
Cataract surgical complications	1.0	0.4	0.9
Glaucoma	4.0	3.4	3.2
Diabetic retinopathy	5.1	2.1	1.1
Corneal opacity	2.0	2.1	3.2
Phthisis	4.0	2.5	2.5
AMD	2.0	0.4	0.1
Other posterior segment diseases	6.1	1.7	2.1
All other globe/CNS abnormalities	0.0	0.0	0.0
Onchocerciasis	0.0	0.0	0.0

doi:10.1371/journal.pone.0114245.t005







2013 Thailand RAAB Survey*

โดย โรงพยาบาลเมตตาประชารักษ์ (วัดไร่ขิง)

Causes of blindness	%
Cataract	69.7
Refractive error	6.0
Diabetic retinopathy	5.1
Glaucoma	4.0
Corneal opacity	2.0

Faculty of Medicine, Chiang Mai University, Chiang Mai, THAILAND. S. Ausayakhun, MD, MHSc.







2006 Thailand National Eye Survey vs 2013 Thailand RAAB Survey

Causes of blindness	%
Cataract	50
Glaucoma	10
ARMD	7
Corneal opacity	5
Refractive error	4

Causes of blindness	%
Cataract	69.7
Refractive error	6.0
Diabetic retinopathy	5.1
Glaucoma	4.0
Corneal opacity	2.0

2006 Thailand National Eye Survey

2013 Thailand RAAB Survey















World Health Organization and Thailand Movement in Eye Care Thailand Ways forward:

Proposed Plan of Action

MoPH: Eye Care Service Plan

What's NEXT?

- Cataract: fixed quota national scheme?
 - 2,500 CSR in UHC vs. 8,000+ CSR in CSMBS
- DR: only "Screening" Program?
 - TeleMedicine
 - Upcoming 12 Retinal Centers
- Corneal Blindness: after 4,800/8,400 transplants, Then?
- Refraction: School Visual Screening (REVISIT 2022)
 - Preschool? - Workforce? - Elderly?
- ROP: What's next?





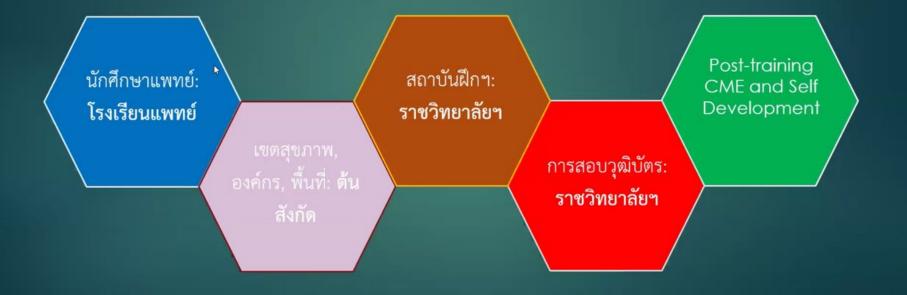
Warapat Wongsawad, MD Mettapracharak (Wat Rai Khing) Hospital







5 องค์ประกอบของการผลิต*จักษุแพทย์* (งานจักษุยั่งยืน)









Objectives

After completing this topic, students are able to:

4. Describe the strategies for prevention of blindness in vision 2020: The right to sight, then Global health in Eye Care: Vision beyond 2021

Discuss about the COVID-19 and Eye Care





Data of Blindness







Data of Blindness







Trends and Future Projections

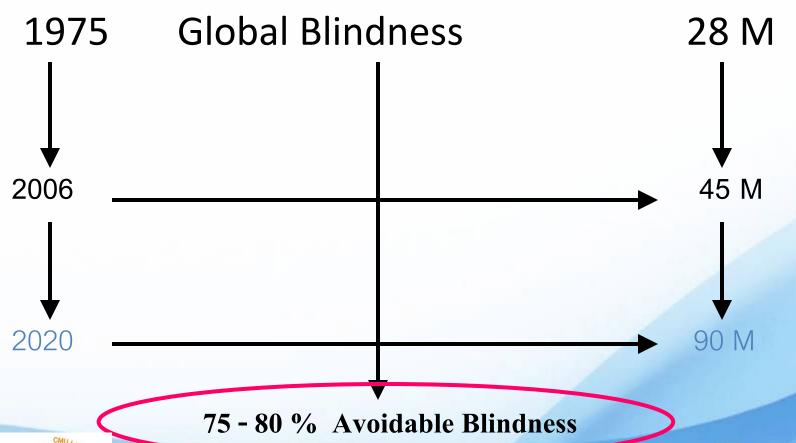
- Every 5 seconds, one individual goes blind in the world
- At the present level of intervention, the global blindness will be <u>double</u> in 2020 *





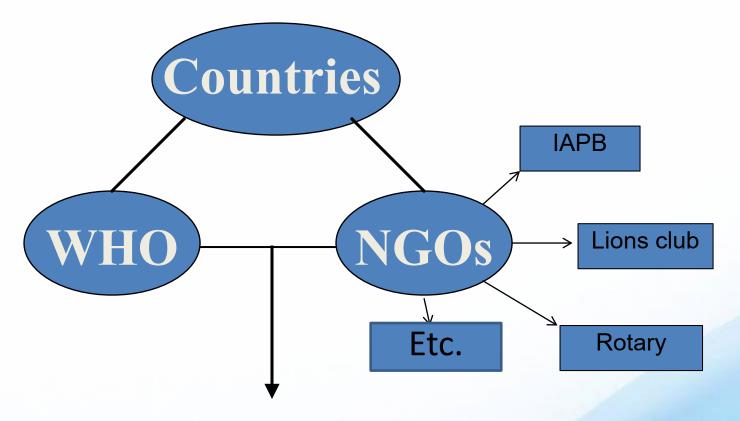


Data of Blindness







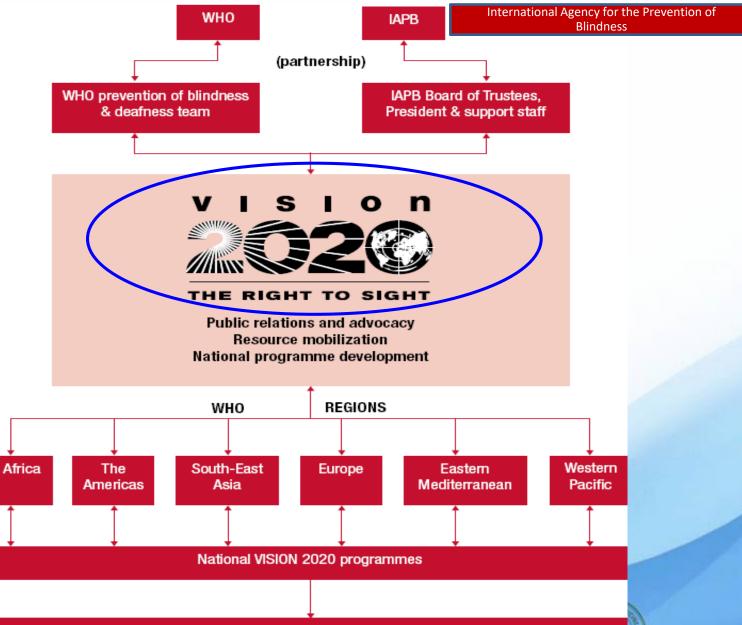


The Global Initiative for the Elimination of Avoidable Blindness by 2020











Province- or district-level VISION 2020 services



Mission of 2020

 To eliminate the main causes of blindness in order to give all people in the world, particularly the millions of needlessly blind, the right to sight.









Action plan for VISION 2020 *

- Control of major causes of blindness
- Human resource development
- Provision of appropriate technology and infrastructure







Action plan for VISION 2020

Control of major causes of blindness





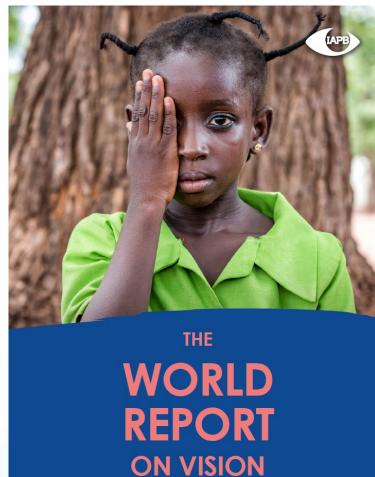


World report on vision

Executive Summary











IAPB SUMMARY

At least 2.2 billion people

with vision impairment (including vision impairment that has been addressed)

Unaddressed refractive error (123.7 million),

Cataract (65.2 million),

Glaucoma (6.9 million),

Corneal opacities (4.2 million),

Diabetic Retinopathy (3 million)

Trachoma (2 million)

Unaddressed presbyopia (826 million)

At least 1 billion people

with vision impairment that could have been prevented or has yet to be addressed





Causes of preventable vision impairment *

- Unaddressed presbyopia 826 M
- Unaddressed refractive error 123.7 M
- Cataract 65.2 M
- Glaucoma 6.9 M
- Corneal opacities 4.2 M
- Diabetic retinopathy 3 M
- Trachoma 2 M







IAPB Trends

- Presbyopia
- Diabetic retinopathy
- Myopia
- Trachoma
- Onchocerciasis

- Growing & Ageing Population
- Eye Health Systems
- Financing Universal Eye Health
- Sustainable Development Goal
- School Eye Health







1. Presbyopia

Presbyopia - the scale of the problem

In 2015, near-vision impairment due to uncorrected Presbyopia was estimated to affect

1.1 billion people

aged 35 years and older, including

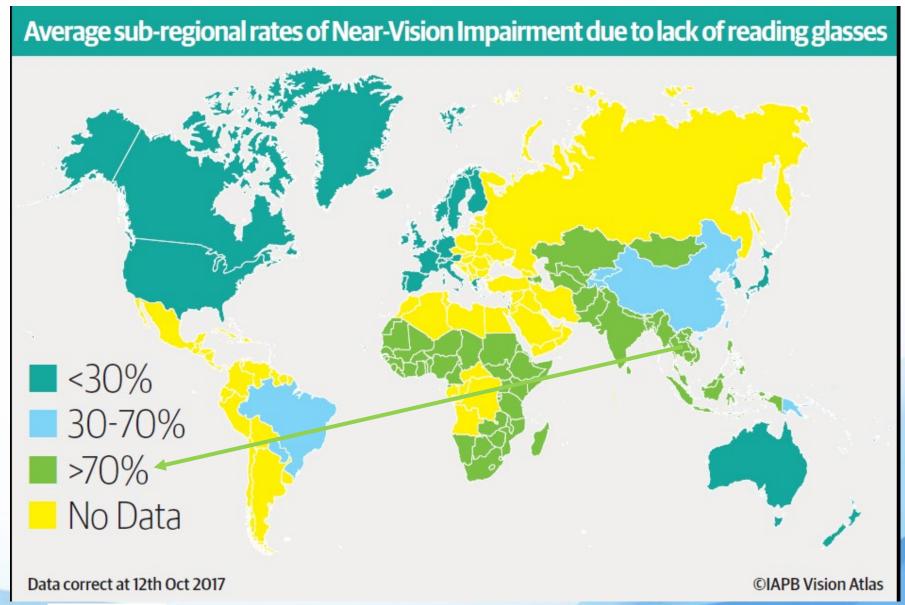
667 million

people aged 50 years and older. All they need in order to see

properly is a pair of glasses...

of those with uncorrected near vision were found to reside in less-developed countries



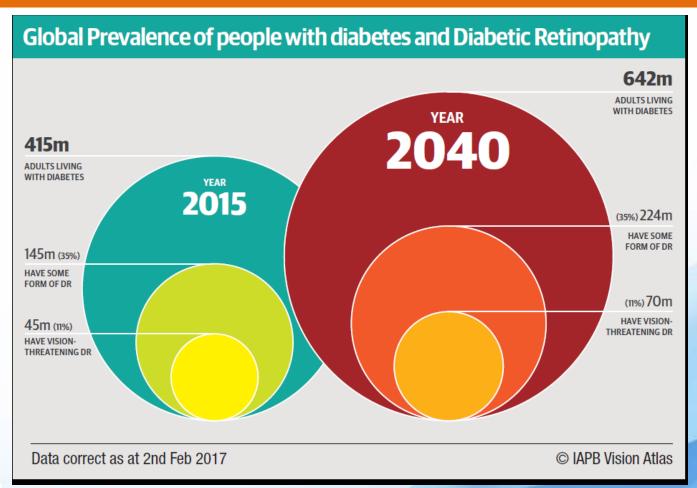








2. Diabetic retinopathy



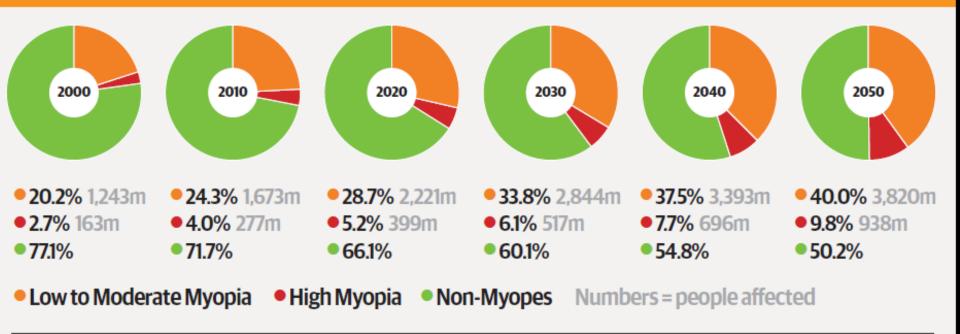






3. Myopia

Estimated global prevalence of Myopia - 2000 to 2050



Data correct as at 12th Oct 2017

© IAPB Vision Atlas



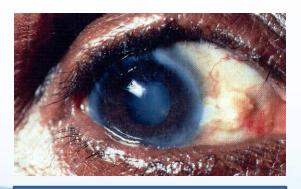




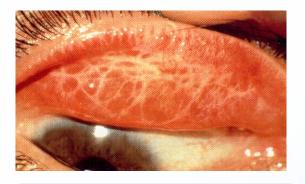
4. Trachoma



TI= Trachomatous inflammation- intense



TT= Trachomatous trichiasis



TS= Trachomatous scarring



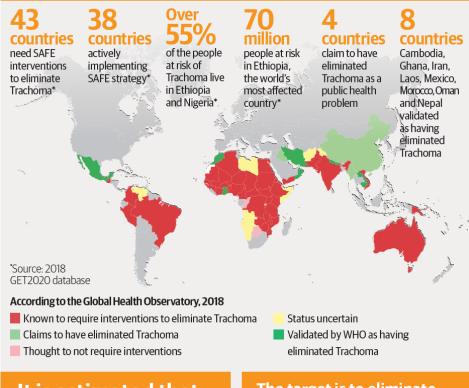
CO= Corneal opacity





4. Trachoma





It is estimated that US\$1 billion

is needed to eliminate Trachoma entirely The target is to eliminate Trachoma completely

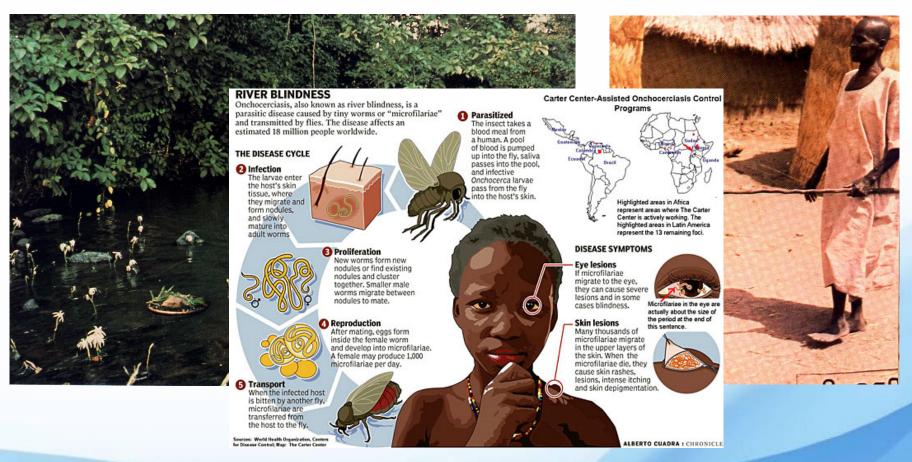
by 2020







5. Onchocerciasis



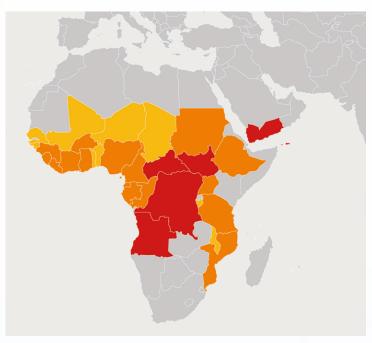






Distribution of Onchocerciasis in Africa and Middle East

Distribution of Onchocerciasis in the Americas



iversity

Good progress, with treatment expected to stop in 2016 - 2017

On target to be able to stop treatment between 2018 and 2020

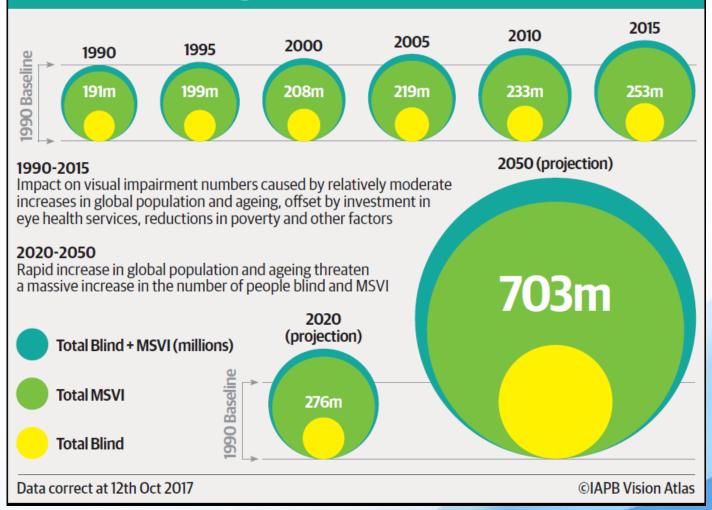
Likely to require treatment beyond 2020

Verified as free of Onchocerciasis

Small pockets of active Onchocerciasis₆₁ transmission remains



VLEG estimates for the global number of blind and MSVI - 1990 to 2050









Action plan for VISION 2020

- Control of major causes of blindness
- Human resource development
- Provision of appropriate technology







Human resource development

- Training of Staff:
 - Ophthalmologists
 - Ophthalmic Nurses
 - Optometrists (OD)
 - Ophthalmic Medical Assistants (OMA)
 - Refractionist
 - Equipment technician
- Public Health Ophthalmology education at different levels including <u>medical school</u>







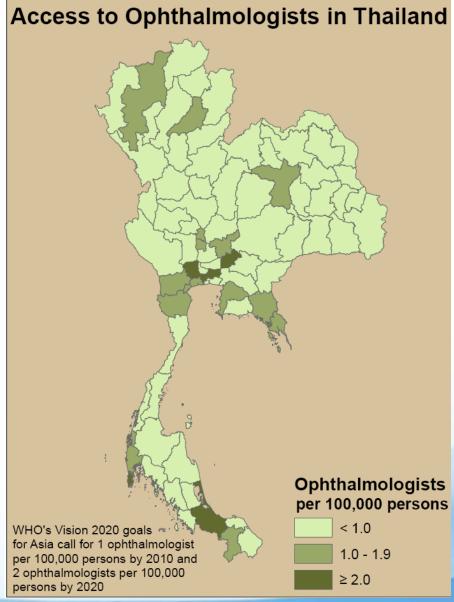
WHO goal for Human Resource Development

Goal/pop	2000	2010	2020
Ophthalmologist			
Africa	1:500,000	1:400,000	1:250,000
Asia	1:200,000	1:100,000	1:50,000
Oph Nurse/OMA			
Africa	1:400,000	1:200,000	1:100,000
Asia	1:200,000	1:100,000	1:50,000
Refractionist	1:250,000	1:100,000	1:50,000















การกระจายตัวของจักษุแพทย์ ปี พ.ศ. 2564

ภาค	ประชากร	จำนวน จักษุแพทย์	อัตราส่วนต่อ ประชากร	
เหนือ	12,027,271	122	1:98,584	
ตะวันออกเฉียงเหนือ	21,848,228	230	1: 94,992	
ใต้	9,467,901	172	1: 55,046	
กลาง	17,255,105	432	1: 39,942	
กรุงเทพฯและปริมณฑล	5,588,222	792	1: 7,056	
รวม	66,186,727	1,748	1: 37,894	



Optometrist in Thailand









Integrated Refractive and Optical Services



Optometrist

WHO Eye care situation analysis tool (ECSAT)

		Primary level	Secondary level	Tertiary level	Total current year
Total optometrists	□ NA	□ 350 in private sector	Aroun	d 30	447

Geographic distribution

BKK 221 = 49.5% Sub Urban 31 = 6.9%

Central 17 = 3.8% North 22 = 4.9%

North-East 14 = 3.1% South 17 = 3.8%

East 8 = 1.8% unspecific 115 = 25.7%



Prasert Padungkiatsakul, OD Faculty of Optometry, Rangsit University







Action plan for VISION 2020

- Control of major causes of blindness
- Human resource development
- Provision of appropriate technology and infrastructure







Technology development

• Optimal supply of appropriate, high-quality, affordable equipment, instruments, consumables and resource materials essential for the delivery of eye-care services







Infrastructure Development

- Integrate primary eye care (PEC) into the primary health care (PHC) system
 - promotion of eye health
 - provision of basic preventive / curative treatment for common eye disorders







WHO Prevent blindness through primary eye care

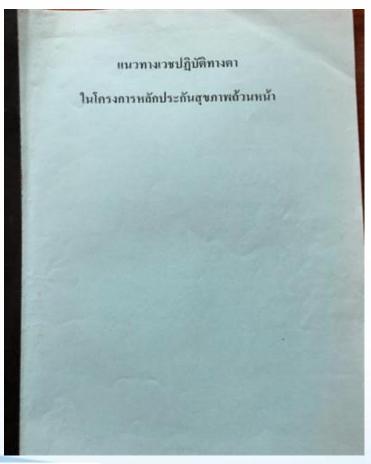








Common eye problems in PEC *



- 1. Conjunctivitis
- 2. Pterygium
- 3. Cataract
- 4. Glaucoma
- 5. Corneal ulcer
- 6. Uveitis
- 7. Eye injuries
- 8. Ocular foreign body











World Health Organization and Thailand Movement in Eye Care · Thailand Ways forward:

Proposed Plan of Action





Warapat Wongsawad, MD Mettapracharak (Wat Rai Khing) Hospital







Thank you for your attention

Any questions?

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Center of Medical Excellence
Faculty of Medicine CMU





Objectives

After completing this topic, students are able to:

- 1. Explain the public health ophthalmology concept
- 2. Describe the definition of blindness and low vision
- 3. Explain the public health ophthalmology in Thailand, and eye health service plan
- 4. Describe the strategies for prevention of blindness in vision 2020: The right to sight, then Global health in Eye Care: Vision beyond 2021
- 5. Discuss about the AIDS/HIV positive patients and Eye Care
 - What are the ocular complications in the AIDS/HIV positive patients?

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- How to prevent the ocular complications in the AIDS/HIV positive patients?

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